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# Induced Labor For Medical Reasons and the Risk of An HIE Brain Injury

by Marcus Boston

When a pregnancy reaches a point where medical intervention is necessary, doctors may recommend induced labor. However, if this process isn't carefully monitored, it can lead to devastating outcomes, such as a baby suffering a Hypoxic-Ischemic Encephalopathy (HIE) brain injury at birth. This risk is particularly concerning when there's a delay in responding to fetal distress or a failure to properly monitor fetal heart patterns during the induction process. In this article, we will explore some of the medical reasons for induced labor and how they can be linked to the risk of HIE brain injury if the proper steps aren't taken.

## Medical Reasons for Induced Labor

Inducing labor is often considered when there are concerns for the mother's or baby's health. Common medical reasons include preeclampsia, gestational diabetes, infection, or the baby being overdue. In such cases, the benefits of inducing labor are clear: it can prevent more severe complications that could arise from allowing the pregnancy to continue. For example, preeclampsia can lead to life-threatening conditions for both the mother and baby if not managed promptly.

However, induced labor requires careful management. The process usually involves administering medications like Pitocin to start or strengthen contractions. While this can effectively prompt labor, it also increases the need for close monitoring of both the mother and the baby. If the medical team fails to detect or address signs of fetal distress, the baby may not receive enough oxygen, leading to an HIE brain injury.

## Induced Labor: Medical Reasons and the Risk of HIE Brain Injury

The connection between induced labor, medical reasons, and the risk of an HIE brain injury becomes clear when we consider what can happen if fetal distress goes unnoticed or untreated. During labor, the baby's oxygen supply can become compromised, especially if contractions are too strong or too frequent due to the induction process.

This is why monitoring fetal heart patterns is crucial. Abnormal heart rates can be an early warning sign of distress, indicating that the baby isn't getting enough oxygen. If these signs are ignored or not acted upon quickly, the baby's brain can suffer from a lack of oxygen, leading to HIE.



Medical professionals have a duty to ensure that when labor is induced, they are vigilant in monitoring for signs of fetal distress. The failure to do so can have life-altering consequences. If your baby suffered an HIE brain injury during a medically induced labor, it's important to understand that this may be a result of medical malpractice.



Here are links for a few states to check on your voter registration. Do so as soon as possible in case there is an error or you have moved. Every vote counts.

On the e-version on our website, the links will be live.

#### Delaware

<https://ivote.de.gov/voterview>

#### Florida

<https://registertovoteflorida.gov/home>

#### Georgia

<https://mvp.sos.ga.gov/s/>

#### Maryland

<https://voterservices.elections.maryland.gov/votersearch>

#### Virginia

<https://vote.elections.virginia.gov/VoterInformation/Lookup/status>

## Local Fall Events

### Cornfusion

Now-end of October  
Manchester, MD

Grab the littles and go! Corn maze, games, animal petting and feeding, rides, snacks, bounce houses. Cash only!

<https://www.cornfusion.net/>



### Fall Festival

Magnolia Farms

Thurmont, MD

Now-end of October

Fun for the whole family. Corn maze, hay rides, barrel train, pumpkin and sunflower picking and more! Food and drinks for the kids and adults.

<https://www.magnoliameadowfarms.com/pricing-hours>

# Chicken Tortellini Soup



## Ingredients

1 tablespoon olive oil  
1 tablespoon unsalted butter  
1 small sweet onion *diced*  
1/2 cup chopped carrots  
1/2 cup chopped celery  
2 garlic cloves *minced*  
1/2 teaspoon oregano  
1/2 teaspoon salt  
1/2 teaspoon pepper  
1 1/2 cups cooked shredded rotisserie chicken

5 cups low-sodium chicken stock  
1 8-ounce package of your favorite tortellini  
1 cup milk or half and half  
1 1/2 tablespoons flour  
fresh oregano and thyme for garnish

1. Heat a large pot over medium heat and add the olive oil and butter. Once the butter melts, add in the onion, carrots, celery, garlic, oregano, salt and pepper.
2. Stir and cook until the veggies soften, about 5 to 6 minutes. Stir in the shredded chicken and cook for a minute or two. Add in the chicken stock and bring the mixture to a boil, then reduce it to a simmer.
3. Add in the tortellini and cook it for 5 minutes.
4. While the tortellini is cooking, pour the milk in a cup or deep bowl. Add the flour to the milk and whisk for at least 30 seconds. After 5 minutes, stream in the milk slurry while stirring. Bring the soup back to a simmer and let it simmer for 10 or 15 minutes as it thickens.
5. Taste it and season more with salt and pepper if you find it necessary. Sprinkle with fresh oregano and thyme and serve!

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