

BOSTON LAW GROUP, LLC



Vol _____ 13
Iss _____ 2

Black History Month's Events

Black History Month Family Day | February 10 | 11 a.m.-3 p.m. Woodlawn Manor Cultural Park, 16501 Norwood Road, Sandy Spring:

This year's theme is "African Americans and the Arts." Enjoy story time and hands-on activities celebrating African American heritage and accomplishments. Contribute to the "I Have a Dream Canvas," create a compass and follow the path of Harriet Tubman. All ages. Free.

Stephen Hayes' Cash Crop Exhibit
February 10, 2024–February 11, 2024
Location: The Mansion

Time: Saturday, 10:00 AM – 5PM, Sunday, 12:00 PM – 5:00 PM

Join us for a two-day public event to experience Stephen Hayes exhibition Cash Crop. This exclusive event offers a unique opportunity for art enthusiasts, current and potential donors, patrons, and community members to engage with the artist's captivating works.

Attendees will have an opportunity to be part of the opening weekend of the exhibit along with visiting the main museum.

Saturday, February 24 2:00pm-5:00pm

2nd Annual Black History Fest 2024

Harriet Tubman Cultural Center, Harriet Tubman Lane, Columbia, MD, USA

8045 Harriet Tubman Lane Columbia, MD 21044

This in-person event celebrates the rich history and culture of the Black community. Immerse yourself in a day filled with engaging activities, live performances, and thought-provoking exhibits.

Black History Month Family Days | February 24 and 25 | 12-4 p.m.

Josiah Henson Museum and Park, 11410 Old Georgetown Road, North Bethesda:

Enjoy educational, hands-on activities to learn what a child's life was like in the Dawn Settlement founded by Henson in Canada after escaping from Maryland via the Underground Railroad with his family. Free with paid admission (\$4-children and seniors; \$5-adults).

Off The Press

The Emotional Toll On Parents After Their Baby's HIE Birth Injury

by: Marcus B. Boston, Esq.

For today's post we will discuss the emotional toll on parents after their baby's HIE birth injury. This post is in the context of parents speaking with us about doing a birth injury investigation as to the cause of their baby's traumatic brain injury. With that said, I am going to walk you through the types of emotional toll families share with us and how we help families through this process in the context of a birth injury law.

As I have mentioned in the past, there are professionals out here who can help with these types of challenges. At the end of the day, you are not alone in this journey.

The Emotional Toll On Parents After Their Baby's HIE Birth Injury

When talking to families, especially mothers, one huge emotional toll is having to relive and remember the trauma associated with birth. In addition to the above, mothers will often blame themselves about the end results. Much of the blame game surrounds them thinking there was more they could have done to change the results.

The truth of the matter is that when the cause of the injury is medical malpractice, generally there is not much that mom could have done to prevent the end results. For many families, once we sit down and talk about these issues, they have a better understanding of the process. Having this knowledge can help reassure families as to what truly may have happened.

How A Birth Injury Attorney Can Help...

If a family decides to seek justice from the hospital and medical professionals for causing their baby's HIE birth injury, and hire an attorney, that attorney and law firm will be by their side throughout the process. To put the issue another way, the family will not be left alone.

The above is extremely important because in this process the family will have to retell their story. Not only will the civil complaint tell some of the story, depositions will allow the parents to tell their story directly. As a side, a deposition is a question-and-answer session. It is important to remember that during the deposition, your attorney will be in the deposition with you. Your attorney will have you prepared for your deposition. In addition, before the process, you will be able to ask any questions you may have regarding the process. Also, your attorney will take care of the legal issues. From naming the correct experts, to working through discovery, your attorney will be there to help with the emotional toll of everything. Hopefully now you have a better understanding of the issues surrounding the emotional toll on parents after a baby's HIE birth injury.

Off The Press

Ingredients

- 1 (2 1/2-pound) boneless pork shoulder (Boston Butt)
 - 1 teaspoon black pepper
 - 1 tablespoon kosher salt, divided
 - 1 tablespoon unsalted butter
 - 3 tablespoons olive oil, divided
- 2 (15-ounce) cans fire-roasted diced tomatoes, undrained
- 4 cups unsalted chicken stock, divided
- 1 medium (10 ounce) yellow onion, roughly chopped (about 2 cups)
- 5 medium garlic cloves, finely chopped (1 1/2 tablespoons)
 - 1 teaspoon dried mustard
 - 1/2 teaspoon smoked paprika
- 3 cups chopped Yukon Gold potatoes
- 2 cups frozen baby lima beans
- 2 cups frozen sweet corn
- 1 1/2 cup frozen okra
- 2 tablespoons Worcestershire sauce
- 1 tablespoon brown sugar

Brunswick Stew

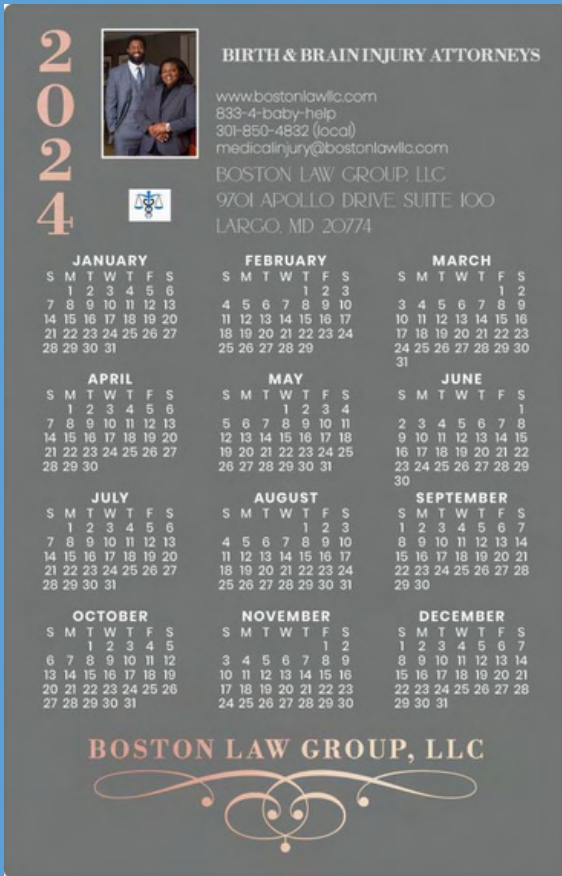


Directions

1. Preheat oven to 325°F. Remove pork shoulder from refrigerator 45 minutes before preparing. Cut pork shoulder into 2-inch pieces. Pat dry, and sprinkle all over with pepper and 1 1/2 teaspoons of the salt. Heat butter and 1 tablespoon of the olive oil in a large high-sided ovenproof skillet or Dutch oven over medium-high. Add pork, and cook until browned on all sides, about 3 minutes per side. Pour diced tomatoes with juices and 2 cups chicken stock over pork, and bring to a simmer over medium. Cover and bake in preheated oven until very tender, about 2 hours, 30 minutes.
2. Remove from oven, and transfer pork to a large cutting board or bowl, leaving tomatoes and stock in skillet. Shred pork into chunks using 2 forks, and place back in skillet. (If making in advance, let cool completely, and transfer ingredients to an airtight container. Pork can be cooked up to 2 days in advance.)
3. Heat remaining 2 tablespoons olive oil in a large pot over medium-high. Add onion, and cook, stirring occasionally, until softened, about 5 minutes. Add garlic, dried mustard, and paprika; cook, stirring constantly, until fragrant, about 1 minute. Add potatoes, lima beans, corn,, okra and remaining 2 cups chicken stock; bring to a boil over medium-high. Cover and cook, stirring occasionally, until potatoes are tender, 12 to 15 minutes. Stir in cooked pork, tomatoes, and stock from skillet; add Worcestershire, brown sugar, and remaining 1 1/2 teaspoons salt, stirring until combined

Complimentary Gift From Us

If you would like a free Boston Law Group, LLC refrigerator calendar magnet, call or email us and we will send you one ASAP!



A vision board, also called a dream board has been around for centuries. Some historians suggest that Egyptians used hieroglyphics to sort of map out their goals and plans. A vision board is a collection of images and words used to inspire a person.

In its modern context, individuals typically will create a grouping of dreams, goals or plans for the new year. They will piece together a collage of images and words of things that they wish to work on and achieve in the new year.

A vision board acts as a powerful visualization tool by externalizing these mental images into physical form. If you can see it, you can think it, you can achieve it.

Have a happy and prosperous 2024!

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Disclaimer:

This publication is not intended to provide any legal, nor medical advice, nor does it create an attorney-client relationship. Each and every case is different. To consult the attorneys of Boston Law Group, LLC regarding a birth injury case, please call 301-850-4832. Communication Policy: The attorneys of Boston Law Group, LLC generally do not accept unscheduled phone calls. This allows us to focus our time and attention on individual cases, which creates greater quality legal service. To schedule an appointment, please email: info@bostonlawllc.com.



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